

## 8 Church Street → Sycamore Street → Welford Road → Bouskell Park

At the next junction, turn left onto **Sycamore Street**. Follow Sycamore Street as it becomes **Welford Road**. **Approximately 300m on your left will be the entrance for Bouskell Park.**

Park your bike in the car park and follow the circular path to the left, look out for information boards around the park. Visitors can only enter the Ice House on guided tours. These can be booked on [www.visitblaby.org.uk](http://www.visitblaby.org.uk).



### Continue into Blaby Centre

Leaving Bouskell Park turn right onto **Welford Road/Sycamore Street**, turning left onto Cross Street.

### Lunch/drink at The Baker's Arms, Blaby

Leaving **Bouskell Park** turn right onto **Welford Road/Sycamore Street**, take the second right onto **Wigston Road**. The **Baker's Arms** will be located on the left.

### Return Route

Retrace steps back to **Everards Meadows**.

### Route Highlights

- **Everards Meadows:** Open green space with Everards Beer Hall and Jenno's Coffee Shop.
- **Great Central Way:** A traffic-free former railway line — ideal for relaxed cycling.
- **Guthlaxton Trail:** Quiet, tree-lined route with a short section on a quiet road.
- **Blaby Centre:** Independent shops, welcoming cafés, and places to eat – perfect for a quick stop.
- **Bouskell Park and Ice House:** 19th-century Ice House. The restored Ice House is open May–September for guided tours (see [visitblaby.org.uk](http://visitblaby.org.uk) for details).
- **The Bakers Arms, Blaby:** Built in 1485 this medieval pub/restaurant offers fantastic home cooked food and local ales, including their signature pies.

### Practical Information and Safety Tips

- Steep hill on Great Central Way (many cyclists dismount)
- Industrial estate on Winchester Avenue, watch for large vehicles
- Shared paths; be considerate around pedestrians and dogs
- Some roads so watch out for traffic
- Narrow barriers – cargo bikes and trikes cannot pass.

### Visit Blaby District

Blaby District is situated south of Leicester in the East Midlands. Discover amazing shopping destinations, beautiful countryside, historic adventures, world-class sport and leisure facilities and a huge array of dining experiences.

Find the best places to eat, stay and visit in the district at [www.visitblaby.org.uk](http://www.visitblaby.org.uk)

### Cycle Routes

This route is part of a series of themed routes planned for Blaby District, suitable for all abilities, from beginners to confident riders. It includes many of the area's landmarks and points of interest. Leaflets are available at Specialized Leicester at Everards Meadows or via the website [www.visitblaby.org.uk/cycle-routes](http://www.visitblaby.org.uk/cycle-routes)

### Cycle Hire

If you're visiting Blaby District without a bike, you can still enjoy local trails and routes by hiring one from Specialized Leicester at Everards Meadows. Bikes for all ages and abilities are available. With ample parking and direct access to the Great Central Way, it's easy to ditch the car. Pre-book in store, by phone, or online.

Tel: 0116 344 0200

[www.specialized.com/gb/en/store-finder/specialized-leicester/8281336](http://www.specialized.com/gb/en/store-finder/specialized-leicester/8281336)

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Let's go!  
**Blaby**  
District



## Everards Meadows → Bouskell Park Cycle Route

A scenic loop from Everards Meadows to Blaby and Bouskell Park including the historic Ice-House

- 📍 Easy
- 📍 Mostly cycle paths and quiet residential roads
- 📍 Distance: 6 miles round trip
- 📍 Time: 20-30 minutes one way



# Everards Meadows to Bouskell Park: Step-by-Step Directions

Starting point: Everards Meadows



**1 Everards Meadows → Great Central Way**  
Exit the Specialized shop and head left across **Everards Meadows**, following the paths round to the right and then bend to the left towards the waterways. First, cross **Meadows Bridge** over the **River Soar**, then continue to cross the **Blue Bank Bridge** over the canal. Take care at both crossings and watch for pedestrians and other path users. After the bridges, turn right onto the **Great Central Way** (part of National Cycle Route 6).

**2 Great Central Way → Needham Avenue**  
Follow the **Great Central Way**, keeping left where the path splits. Continue straight onto **Needham Avenue**. Take care at the road access point, as traffic may be present.

**3 Needham Avenue → Cork Lane**  
Continue straight along **Needham Avenue** through quiet residential streets. At the T junction, turn right onto **Cork Lane**. Follow **Cork Lane** until you reach the entrance to the **Guthlaxton Trail**.

**4 Guthlaxton Trail → Winchester Avenue**  
Pass through the barrier and continue along the cycle path. You will reach another barrier, which leads onto a road. Cross **Whetstone Lane Bridge**, then reach the junction with **New Bridge Road**; cross carefully and continue along the path to rejoin the cycle route. Riding under the railway bridge brings you out onto **Winchester Avenue industrial estate** — take care around large vehicles.

**5 Winchester Avenue → Leicester Road → Northfield Road**  
Turn left onto **Winchester Avenue** and continue to the end. Turn right to cross the **Blaby Bypass** at the traffic lights, then turn left immediately. Cross **Leicester Road**, turn right, and take the next road on the left onto **Northfield Road**. Continue straight on to the dead end.

**6 Northfield Road → Chapel Street**  
As **Northfield Road** splits, bear left onto **Chapel Street** and follow the road round.

**7 Chapel Street → Wigston Road → Church Street**  
At the junction with **Wigston Road**, turn left and continue to **Church Street**. At the end of the road, turn right onto **Church Street**.